

Dear Fitness Center Members,

We look forward to welcoming back each of you on June 1, 2020. This is guidance of our reopening and what we are asking from you.



### **Hours of Operation**

Monday-Friday: 6:00am-7:00pm

Saturday: 8:00am-2:00pm

### **Check-in**

- All members will undergo a noncontact temperature check prior to entering the building. Please wear your mask during this process.
- All members will need to sanitize your hands after entering the building.
- If you have had any of the symptoms in the past 24 hours-fever of 100.4 or higher, cough, chills, headache, shortness of breath, sore throat, new loss of taste or smell, muscle pain-we ask that you please stay home for the health and safety of our DBC family.

### **While in Facility**

- We ask that you wear your mask while in the facility. Once you begin working out, you may remove your facemask.
- Please sanitize the equipment before and after each use. Signs are posted to encourage this.
- Each room has a max capacity limit. Once that limit is reached, the room will be closed off until space becomes available.
- Please maintain social distance while in the facility.

### **Cardio Room**

- Max of 15 members at one time.

### **Weight Room**

- Max of 8 members at one time.

### **Machine Weight Room**

- Max of 6 members at one time.

### **Group Fitness**

- The June Group Fitness Schedule is located on the [website](#). Classes will be added back over time.
- Classes will be held in the basketball gym, outside or group fitness studios.

### **Pool**

- One member or family per lane at a time. Please call ahead to confirm a lane is available.
- Locker Rooms are still closed during Phase 1. Please bring a towel with you.

### **Walking Track**

- Max of 5 members at one time.

### **Summer Camps**

- Camp Unite will begin June 29<sup>th</sup>. Please contact [Faith](#) for more details.

### **Childcare**

- Childcare will reopen for members on June 22, 2020.

### **Blood Drive**

- The church will be having a blood drive on June 23, 2020 from 10:00am-3:00pm in the Sport Center.

### **Remember to Bring**

- Face Mask
- Towel
- Water Bottle (Water Fountains are still closed at this time)

Please note, all communication moving forward will be posted on our [website](#). Please check often for new updates.

Be Well,  
Kyle Roberts